Parent Guide

@twinklparents

We are excited to share this content with you. If you are interested in finding more resources made especially for Parents, then check out these links to different areas of the **Twinkl Parents** hub.

SEND Support

Subject Guides

Pregnancy & Baby

Health & Wellbeing

Supporting Learning

What is this resource and how do I use it?

This resource provides a quick checklist of milestones that children may have reached before starting reception. All children develop at different rates and this list isn't definitive but can be used as a guide to identify areas where you could support your child in developing their skill set.

What is the focus of this resource?

- School Readiness
- Developing Independence
- Growth Mindset

Further Ideas and Suggestions

Starting school can be a difficult time for parents as well as children, so make sure you look after yourself as well as your child. We've got some great wellbeing resources for **adults** and **children** to help with this on the **Parents Hub**.

Parents Blog

Parenting Wiki

Parenting Podcast

twinkl Parents Hub

Ready for School Checklist for Parents

I can...

- [ ] hold a pencil carefully
- [ ] draw a face
- [ ] colour a face in
- [ ] name some colours

I can...

- [ ] recognise my name
- [ ] say the first letter of my name
- [ ] copy my name
- [ ] write my name

I can...

- [ ] count to 10
- [ ] recognise numbers to 10
- [ ] place numbers 1–10 in order
- [ ] write numbers 1–5 in order

I can...

- [ ] put on my socks
- [ ] find my shoes
- [ ] put on my shoes
- [ ] do up my shoes

I can...

- [ ] find my bag
- [ ] remember a water bottle
- [ ] zip up my bag
- [ ] carry my bag on my own

I can...

- [ ] dress myself
- [ ] do up my buttons or zips
- [ ] put on and do up my jacket
- [ ] remember my hat

I can...

- [ ] eat with appropriate cutlery
- [ ] pour myself a drink
- [ ] taste different foods
- [ ] wash my hands before and after meals

I can...

- [ ] go to the toilet when needed
- [ ] wash and dry my hands afterwards
- [ ] use stairs carefully
- [ ] tidy my play area

I can...

- [ ] follow instructions
- [ ] take turns when playing
- [ ] ask for help if I need it
- [ ] introduce myself to other children

I can...

- [ ] sing simple rhymes
- [ ] sing and clap to a familiar song
- [ ] tap a beat
- [ ] move to music

I can...

- [ ] use phrases to describe how I feel
- [ ] use age-appropriate sentences when explaining recent events
- [ ] wait my turn to talk
- [ ] answer 'wh' questions accurately (e.g. who, what)

I can...

- [ ] cut along a line
- [ ] cut 'snips' into paper
- [ ] cut out a shape
- [ ] cut out shapes to make a picture

Disclaimer - This resource is provided for informational and educational purposes only. You must ensure that an adequate risk assessment is carried out prior to using this resource. It is your responsibility to ensure that the information/activity this resource contains are safe and appropriate to use in your situation.